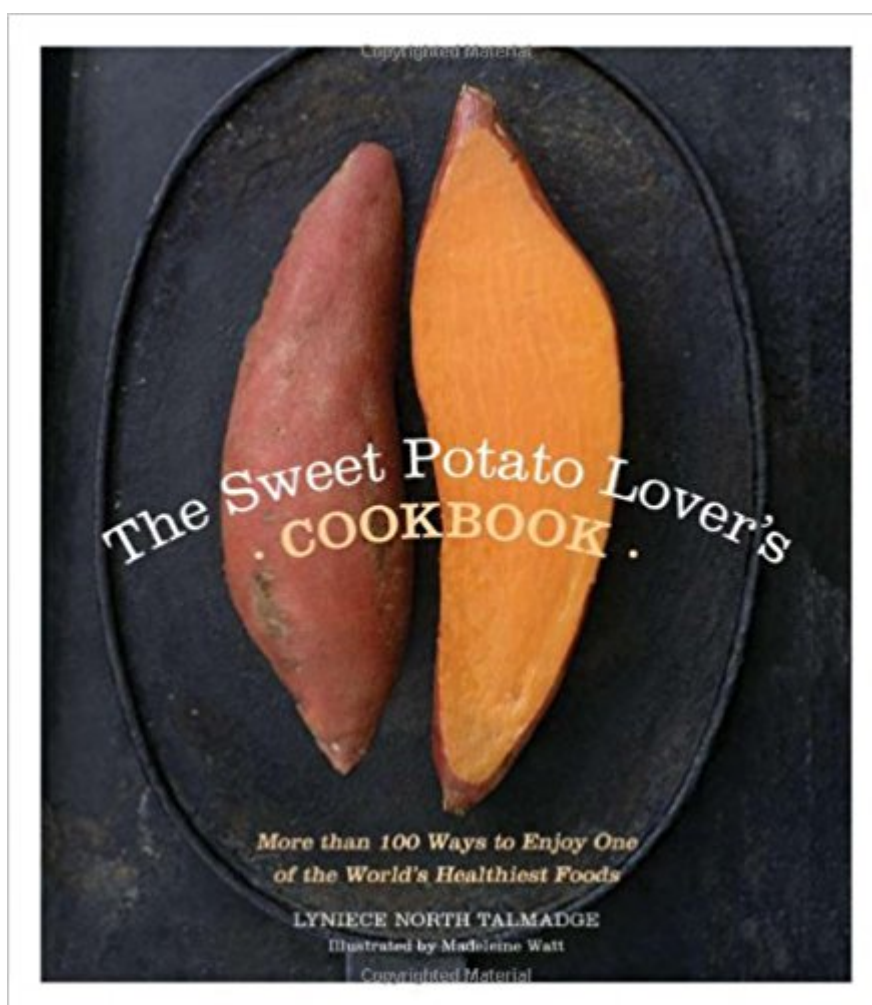


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# The Sweet Potato Lover's Cookbook: More Than 100 Ways To Enjoy One Of The World's Healthiest Foods



## Synopsis

Endless Mealtime Possibilities and Spectacular Flavors! As every sweet potato lover knows, it's more than just a holiday side dish—it's one of the world's healthiest and most flavorful foods! In this unique collection bursting with over one hundred recipes, you'll find easy-to-make dishes that highlight the natural and delicious flavors of this versatile vegetable. Enjoy sweet potatoes year-round with recipes for appetizers, soups, main courses, side dishes, and even breakfasts and desserts! Tempt your taste buds with: Orange Butter Sweet Potato Waffles Andouille Sausage and Sweet Potato Soup Sweet Potato Dumplings Spiced Sweet Potato Chips Candied Sweet Potatoes Easy Caramel Sweet Potato Pie And more! Â Start cooking today and you'll discover why so many people are in love with The Sweet Potato Lover's Cookbook.

## Book Information

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Best Sellers Rank: #502,053 in Books (See Top 100 in Books) #57 inÂ Books > Cookbooks, Food & Wine > Cooking by Ingredient > Potatoes #535 inÂ Books > Cookbooks, Food & Wine > Cooking by Ingredient > Vegetables #6401 inÂ Books > Cookbooks, Food & Wine > Special Diet

## Customer Reviews

Lyniece North Talmadge is the president of Talmadge Protocol, a firm that instructs business and political leaders on international bestselling entertaining and cross-cultural education. She lives in Atlanta, Georgia. Madeleine Watt is an artist who has participated in numerous juried art shows and won several awards for her work in charcoals. She lives in North Carolina.

The Sweet Potato story It's called the sweet potato. It grows in the ground, is considered a staple in the diet of the lower economic classes, comes wrapped in an ugly brown skin, doesn't stand out among the vast array of supermarket vegetables, and, to be candid, is just plain ugly.

This is a very nice cookbook. I LOVE SWEETPOTATOES. Many interesting recipes to try! If you eat sweetpotatoes get one!

Has a lot of very interesting recipes. It will take a long time to try all of them. The only drawback to the book is a total lack of pictures (both black and white & color).

I have not made any of the recipes yet. Looked thru the book and found some that I plan on starting to make on a few week. My dear husband just harvested a wheel barrel full of sweet potatoes. Oh my is this book going to come in handy .

Arrived promptly, and have lots of healthy recipes I'll be trying, great assortment of savory & sweet

Wanted to learn more recipes for cooking sweet potatoes. Good addition to anyone's cook book collection. Presented in clear text with easy to follow directions.

Who doesn't love sweet potatoes?! This is a great book

Terrific book. I love one subject cookbooks, and this is a really good one.

gift

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Series) Whole: The 30 Day Whole Foods Challenge: Complete Cookbook of 90-AWARD WINNING Recipes Guaranteed to Lose Weight (Whole, Whole foods, 30 Day Whole ... Whole Foods Cookbook, Whole Foods Diet) Whole Food: The 30 Day Whole Food Challenge ã ã Whole Foods Diet ã ã Whole Foods Cookbook ã ã Whole Foods Recipes (Whole Foods - Clean Eating) CHEAT SHEET SIMPLY for USA FOODS: CARBOHYDRATE, GLYCEMIC INDEX, GLYCEMIC LOAD FOODS Listed from LOW to HIGH + High FIBER FOODS Listed from HIGH TO LOW with OVER 375 foods BORN IN THE USA Potato Salad Cookbook: Healthy Delicious Potato Salad Recipes The Mashed Potato Cookbook: Top 50 Most Delicious Mashed Potato Recipes (Recipe Top 50's Book 73) One Potato, Two Potato Air Fryer Cookbook: Enjoy a Healthier Version of Your Favorite Foods, 101 Delicious Recipes of your Favorite Foods The Healthiest Diet on the Planet: Why the Foods You Love-Pizza, Pancakes, Potatoes, Pasta, and More-Are the Solution to Preventing Disease and Looking and Feeling Your Best The Everything Pre-Diabetes Cookbook: Includes Sweet Potato Pancakes, Soy and Ginger Flank Steak, Buttermilk Ranch Chicken Salad, Roasted Butternut ... Strawberry Ricotta Pie ...and hundreds more! The Everything Pre-Diabetes Cookbook: Includes Sweet Potato Pancakes, Soy and Ginger Flank Steak, Buttermilk Ranch Chicken Salad, Roasted Butternut Squash ... Pie ...and hundreds more! (Everythingã ã) Foods High in Fiber Cookbook: List of High Fiber Foods for a Healthy Lifestyle - Recipes for High Fiber Foods

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